

What does PSHE look like at Great Doddington Primary School?

Intent

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. Our intention is that when children leave Great Doddington Primary School, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it.

The curriculum covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Implementation

As PSHE is a non-statutory subject, there is no standardised frameworks or programmes of study. Teachers have the flexibility to deliver high-quality PSHE, based on the needs of their pupils needs. In order to ensure continuity and progression of knowledge and skills, we have adopted the 'Jigsaw' scheme of work. This aims to develop the "whole child" through a spiral curriculum. Teachers adapt this scheme to reflect the needs of their pupils. Half-termly units develop knowledge, skills and understanding in the areas of: Being Me in My World, Celebrating Difference (including anti-bullying), Dreams and Goals, Healthy Me, Relationships, Changing Me (including Sex Education at GDPS).

Its cohesive vision helps children understand and value how they fit into and contribute to the world. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, 'Jigsaw' equips us to deliver engaging and relevant PSHE education. 'Jigsaw' lessons also include mindfulness, allowing children to advance their emotional awareness, concentration, and focus. This encourages building resilience and nurturing mental and physical health.

In addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through the 'Jigsaw'.

We believe that PSHE education plays a vital part in primary education so, as well as discrete lessons, it is embedded throughout the curriculum. British Values and Spiritual, Moral, Social and Cultural concepts are explored across our broad and balanced curriculum. PSHE is an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. In addition, special events, key campaigns and themed days/weeks provide opportunities for children to explore topical issues.

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Impact

Embedding PSHE themes and principles across all areas of the curriculum combined with the discrete sequential and progressive PSHE lessons helps pupils at Great Doddington Primary School to be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life, safely and with independence. They are on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society with a strong understanding of and appreciate difference and diversity in the world around them, recognising and applying the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty. They are equipped to look after their mental health and well-being and are able to develop positive, healthy and fulfilling relationships with their peers both now and in the future.

Principles of learning in PSHE:

- To develop and promote an 'everyone can' attitude- for all children to succeed.
- To frequently revisit learning.
- To deepen learning by asking questions.
- To have high expectations for all pupils.
- To enable pupils to appreciate others views and opinions.
- To develop enjoyment and curiosity in a diverse society.
- To prepare children for next steps in learning.
- To develop confident learners that are independent and resilient.
- To develop the acquisition of oracy skills through discussion and questioning.
- To support children to make connections in their learning with other subjects.
- To learn in an environment where it is safe to make mistakes.