

RELATIONSHIPS AND SEX EDUCATION
(RSE) AT GREAT DODDINGTON
PRIMARY SCHOOL
INFORMATION FOR PARENTS



AGENDA

- ▶ 1. Our legal obligations surrounding RSE
- ▶ 2. How we intend to teach RSE
- ▶ 3. Parents' rights surrounding RSE
- ▶ 4. Questions

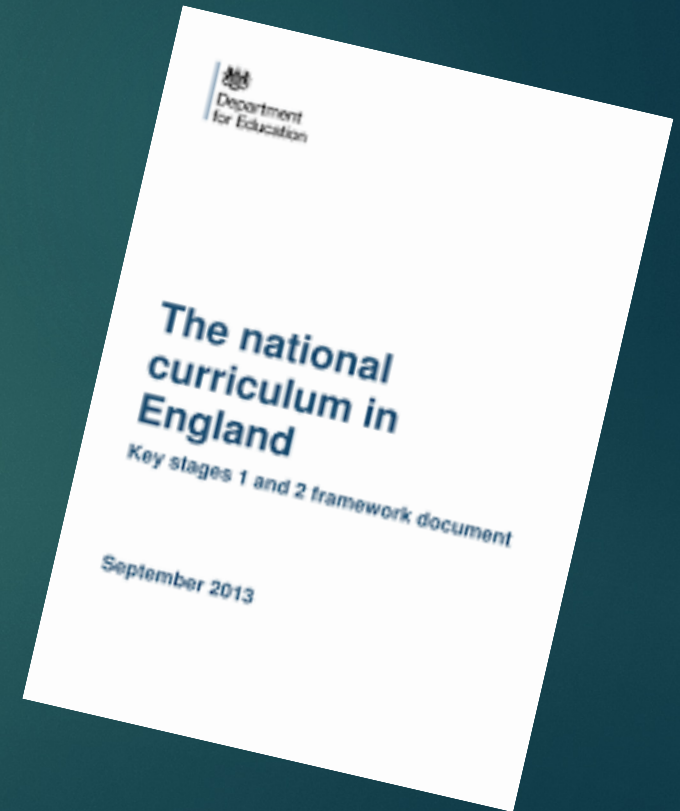


1. OUR LEGAL OBLIGATIONS

We are required to teach all the **statutory** aspects of the National Curriculum, including:

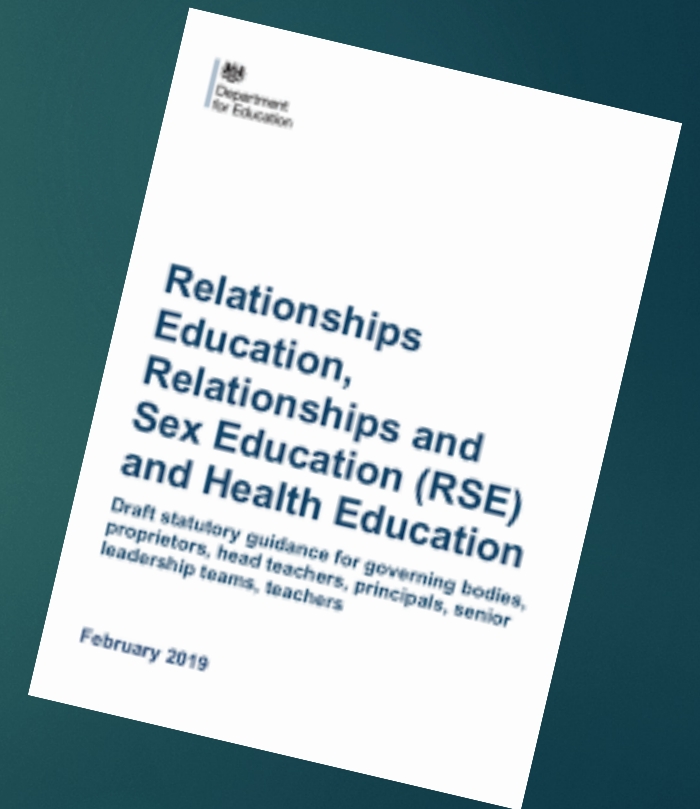
- ▶ Life cycles and the changes that take place in a human body over time.
- ▶ The names for parts of the body.
- ▶ Reproduction in animals and plants.

This is covered in Science lessons, which forms part of our thematic curriculum.



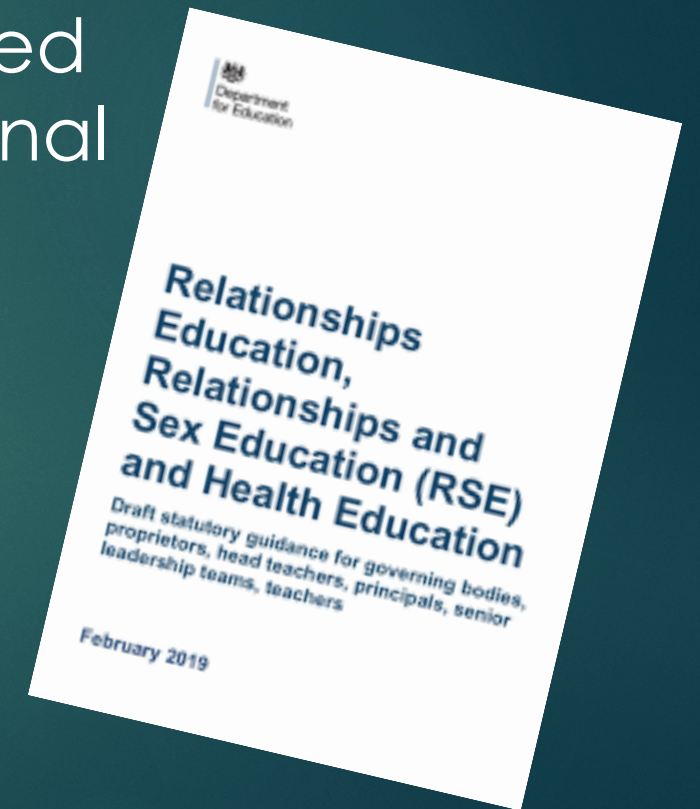
OUR LEGAL OBLIGATIONS

- ▶ The Government has issued new legislation, making the teaching of Relationships Education **compulsory** for all primary schools from September 2020.
- ▶ The teaching of Sex Education will be optional for primary schools and compulsory for secondary schools.
- ▶ The DfE recommends elements of sex education are taught in primary schools, specifically:
 - The changes that adolescence brings
 - How a baby is conceived and born.



DfE STATEMENT

- ▶ “The Department continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.”





At Great Doddington Primary School, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' puzzle, and we conclude from the DfE guidance that sex education refers to human reproduction, conception and childbirth. In order to teach this in a scientific context, and knowing that National Curriculum Science requires children to know how mammals reproduce, we have opted to teach this within our Science curriculum, not within PSHE or Relationships and Sex Education as we believe this is most appropriate for our children.

PSHE AT GREAT DODDINGTON PRIMARY

- ▶ In September 2022 we adopted a new PSHE curriculum called 'Jigsaw'. It has the support of the DfE and PSHE Association and is currently used by 750,000 pupils nationwide.
- ▶ The Jigsaw curriculum has already adopted all DfE recommendations and guidance in advance of September 2020. It fully meets DfE requirements.
- ▶ **Governors have agreed our recommendation to follow this scheme of work at Great Doddington Primary for teaching RSE.**



Children's feedback

Year 6

- I like it because we get to share our thoughts. If we feel like we don't want to talk we can pass.
- Calm me time helps us to be sensible when we are talking about serious things. Lots of children in our class learn a lot about bullying that they didn't even know.

Year 5

- I think it is a way to help children know how to face uncaring people.
- We learn how to protect ourselves if we are bullied.
- We learn what is hurtful to other people like bullying

Year 4

- When the chime goes we start breathing . I like it. I see a change in the classroom, children aren't silly anymore.
- I like it. I like the calming time so I can relax. I like the games because they are fun.

PSHE POLICY



- ▶ value PSHE
- ▶ include the statutory Relationships and Health Education within our whole-school PSHE Programme
- ▶ one PSHE lesson each week
- ▶ explicit lessons are reinforced and enhanced in many ways
- ▶ we aim to 'live' what is learnt
- ▶ apply it to everyday situations in the school community
- ▶ teaching and subject matter is supported by in-depth lesson plans which are designed and planned by Jigsaw

2. HOW WE INTEND TO TEACH RELATIONSHIP EDUCATION

Our vision is to:

- ▶ To create a secure and nurturing environment which values and respects every individual and their beliefs.
- ▶ To equip children, through an innovative and broad curriculum, with confidence and skills to reach their full potential.
- ▶ To partner with home and the local community to help children make a positive contribution to the world.



HOW WE INTEND TO TEACH RELATIONSHIP EDUCATION

- ▶ Teachers will:
- ▶ teach sensitively, being aware of all pupils and adults in the class.
- ▶ follow the agreed lesson plans closely.
- ▶ deliver the content in an age-appropriate way.
- ▶ create an environment which is safe and facilitates an open discussion in an atmosphere of tolerance and respect.
- ▶ **Where difficult questions arise, teachers will recommend children speak to their parents.**





Science and Sex Education at KS1

Science Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults



Science and Sex Education at KS2

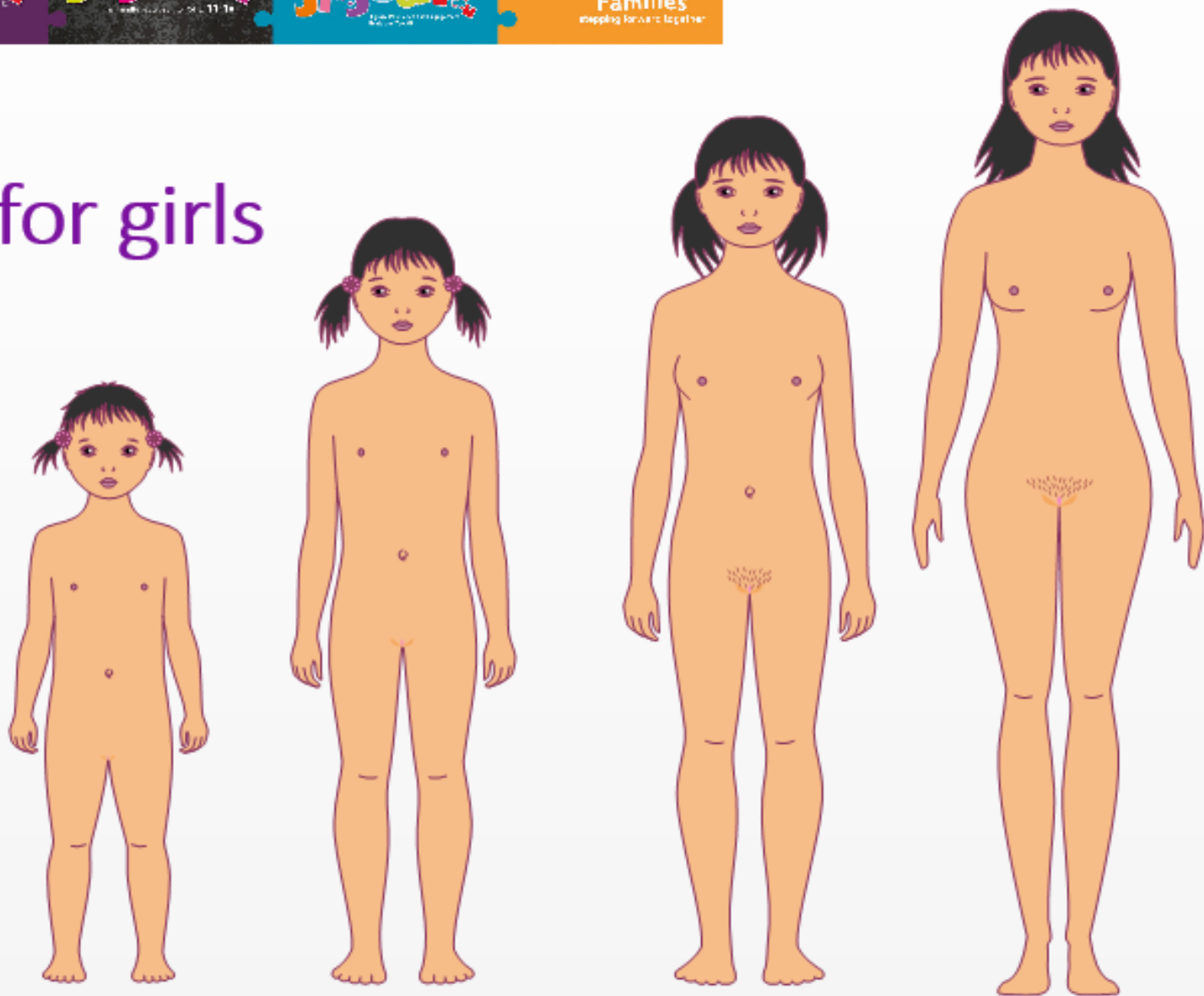
Science Key Stage 2

- describe the differences in the **life cycles of a mammal**, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age
- **learn about the changes experienced in puberty**

Some example materials from Jigsaw – younger children

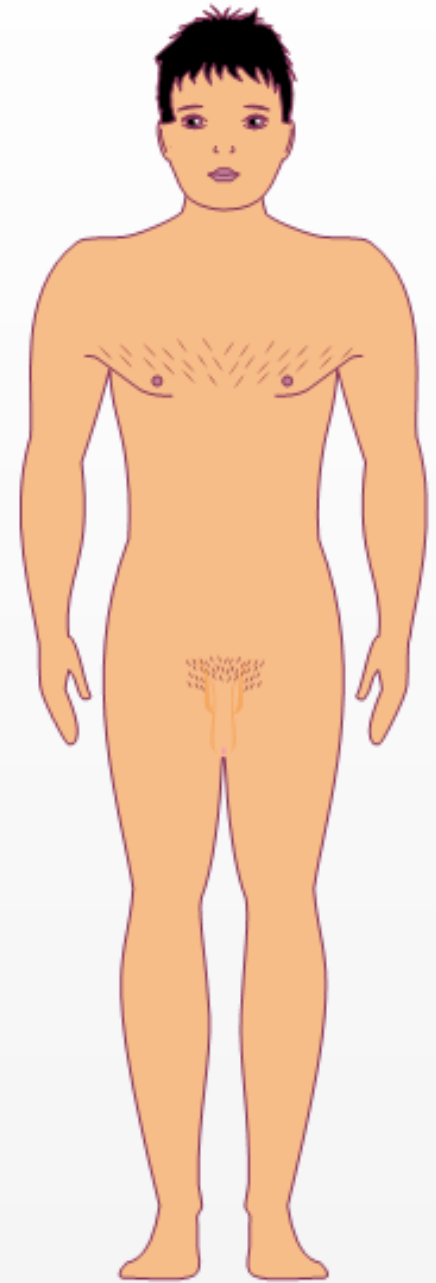
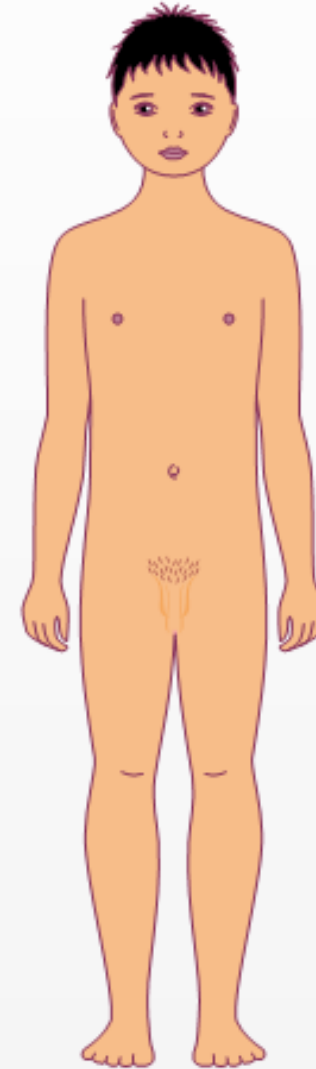
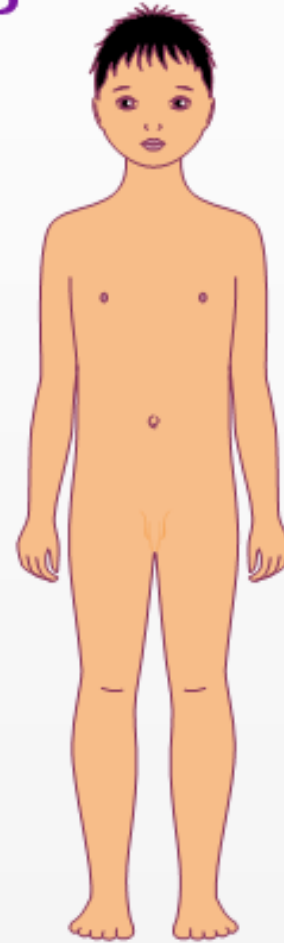
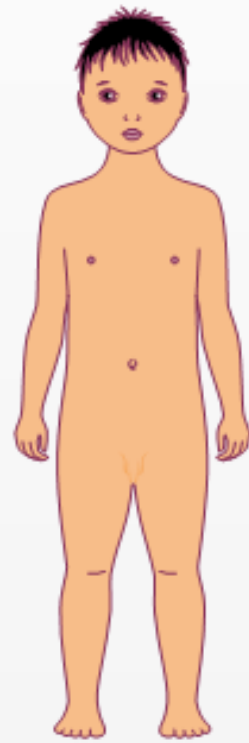


KS2 resource - outside changes for girls



KS2 resource

- outside changes for boys



Equality

The DfE Guidance 2019 (p. 15) states, “Schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Schools must ensure they comply with the relevant provisions of the Equality Act 2010 under which sexual orientation and gender reassignment are amongst the protected characteristics... At the point at which schools consider it appropriate to teach their pupils about LGBT (Lesbian, Gay, Bisexual, Transgender), they should ensure this content is fully integrated into their programmes of study for this area of the curriculum rather than delivered as a stand-alone unit or lesson. Schools are free to determine how they do this, and we expect all pupils to have been taught LGBT content at a timely point as part of this area of the curriculum”.

‘For every young person to be prepared for life in modern Britain, it's vital that their curriculum reflects the full diversity of the world they live in. This includes teaching about LGBT people and themes. While Britain has made huge strides towards LGBT equality in recent decades, anti- LGBT bullying and language is still commonplace in places. Nearly half of all LGBT pupils still face bullying for being LGBT. A crucial part of tackling this problem is delivering a curriculum that includes LGBT people and their experiences.’



EQUALITY AT SELLINCOURT

- ▶ At Great Doddington Primary School we promote respect for all and value every individual child. We also respect the right of our children, their families and our staff, to hold beliefs, religious or otherwise, and understand that sometimes these may be in tension with our approach to some aspects of Relationships, Health and Sex Education. By recognising that tensions may exist, they can be overcome.
- ▶ **We want to keep children safe.** Ignorance does not protect innocence and may make a child more vulnerable.
- ▶ **We want to equip children with life skills.** The new Ofsted Framework has new criteria, including 'Personal Development'.
- ▶ **We want to give children confidence.** Confidence comes from clarity. The world can deliver myths and half truths.



OUR CHILDREN NEED TO KNOW...

1. What a positive, healthy, caring, safe **relationship** looks and feels like
2. How to speak up and get help when a **relationship does NOT** feel healthy/positive/safe
3. How to make and maintain **positive relationships**

(This includes offline and online relationships)



JIGSAW WHOLE SCHOOL APPROACH

Being Me in My World

Celebrating Difference

Dreams and Goals

Healthy Me

Relationships

Changing Me



The mindful approach to PSHE

- ▶ Healthy Relationships
- ▶ Values
- ▶ Mental health
- ▶ Self-esteem
- ▶ Social skills
- ▶ Safeguarding inc. Internet safety

(Golden Threads)

JIGSAW RELATIONSHIPS EDUCATION

Year Group	Relationships content
F1 and F2	Families, friendships, falling out and bullying, being good friends
1	Families, making friends, greetings (physical contact), people who help us, being my own best friend, celebrating special relationships
2	Families, keeping safe (physical contact), friends and conflict, secrets, trust and appreciation, celebrating special relationships
3	Family roles and responsibilities, friendships, keeping myself safe, being a global citizen, celebrating my web of relationships
4	Relationship web, love and loss, memories, special animals, special pets, celebrating relationships with people and animals
5	Recognising 'me', getting on and falling out, girlfriends and boyfriends, relationships and technology
6	Relationship web, love and loss, power and control, being safe with technology

Example of a relationships resource for KS1





How Jigsaw teaches about different families in Y1





How Jigsaw teaches about different families in Y1

Celebrating Difference
'Family' Pictures PowerPoint Slides 1-12 - Ages 7-8 - Piece 1



Celebrating Difference
'Family' Pictures PowerPoint Slides 1-12 - Ages 7-8 - Piece 1





How Jigsaw teaches about inappropriate contact in Y2



Lesson starts with a Connect Us tracing game - where pupils trace letters on each other's hands with their finger

Then paired work - how touch is used as a form of communication - good and bad ways

Children are shown the PowerPoint and discuss how kind and bad touches make us feel. Teacher also asks for strategies if someone is experiencing a touch they don't like.

Individual work, children draw around their hand and write on the handshape what touches they like/ don't like and why.

Teacher notes stress to follow safeguarding procedures if disclosures are made.

PUBERTY – Health Education



- ▶ Foundation Growing up: how we have changed since we were babies
- ▶ Year 1 Boys' and girls' bodies; naming body parts
- ▶ Year 2 Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
- ▶ Year 3 How boys' and girls' bodies change as they grow older
- ▶ Year 4 Internal and external reproductive body parts, body changes in girls and menstruation
- ▶ Year 5 Puberty for boys and girls.
- ▶ Year 6 Puberty for boys and girls and understanding conception to birth of a baby

Puberty and Human Reproduction in Jigsaw 3-11

FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them (animations used – shorter version Female and Male Reproductive Systems)

Puberty and Human Reproduction in Jigsaw 3-11

Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – how this happens (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	The story of pregnancy and birth (animations used – the Female and Male Reproductive Systems)

3. PARENTS' RIGHTS SURROUNDING RSE

- ▶ We want to work in partnership with parents, so that every child receives clear, positive and accurate messages on RSE.
- ▶ By law, parents have the option to **withdraw their children from the lesson discussing conception and childbirth in year 6, but not the relationships part of PSHE (including changes which take place during puberty)**. This is stated in the school's PSHE policy.



4. ANY QUESTIONS?

